

Open Water information for 2007 Zones

Thursday August 9th 2007

OPEN WATER EVENTS: (CDT)

Session I: 13 & Over

6:30am Registration & Check-in
7:00 – 7:30am Warm-up
7:30 – 7:45am Participant Clinic
8:00am First Race Begins
10:00am Awards

Session II: 12 & Under

8:00am Registration & Check-in
8:30 – 9:00am Warm-up
9:00 – 9:15am Participant Clinic
9:30am First Race Begins
10:45am Awards

Eligibility for Open Water Events

* Qualification times shall be the National A time for the longest freestyle pool event for the age offered at the Zone Championship Meet, OR

* The Swimmer must have completed the Open Water event for that age group at the Zone Championship Meet the previous year OR

* The Swimmer must qualify for and be entered in a pool event at the current Zone Championship Meet, whether in an individual event or relay event, including alternates.

Note: Qualifying standards for the 15-18 age group will be the National 15-16 or 17-18 times (AAA-pool: A-open water), whichever is the slower of the two standards.

Last chance for Zone registration for open water events:

Additional entries for the Open Water events will be accepted until the start of the “Clinic for Participants” on the day of the swim. However, please submit as many of the Open Water entries with the rest of the LSC pool entries as possible.