

2011 WISCONSIN 13 & OVER LONG COURSE STATE CHAMPIONSHIP
Prelim/Final Long Course Meet
Hosted by South Eastern Aquatics YMCA



SANCTION WI 2011—253S

- Date:** Thursday- Sunday, July 28 – 31, 2011
- Place:** Walter Schroeder Aquatic Center, 9240 N. Green Bay Rd., Brown Deer, Wisconsin 53209
- Warm-up/Start:** **Thursday/Friday/Saturday/Sunday Prelims:** General Warm-up 7:30-8:50 am. AM prelims will begin at 9:00 am. Warm-up times and lanes will be assigned for Thursday, Friday, Saturday and Sunday preliminary sessions. Two 30 minute assigned warm-up sessions will precede 20 minutes of sprint, pace and general warm-up as needed.
- Sunday 1500 Heats:** General warm-ups will begin at the conclusion of the preliminary session and will last for 20 minutes.
- Finals:** General warm-ups will not begin before 4:15 pm and will last for 1 hour. 30 minutes of circle swim will precede 30 minutes of sprint, pace and general warm-up as needed. Finals will start at 5:20 pm.
- Swimmers must enter the pool from the starting end using a three-point entry for warm-up.**
- Pool:** The Schroeder Aquatic Center will be configured as one 50-meter competition pool with non-turbulent lane markers and backstroke flags. Pool depth at North pool starting end is 6'. Pool depth at South pool starting end is 17'. Block height is 29.5". The Competition course has been certified in accordance with 104.2.2C (4). A copy of certification is on file with USA Swimming.
- Timing:** Colorado System 6, touch pads and back-up buttons with back-up watches.
- Official Rules:** Official 2011 USA and Wisconsin Swimming (LSC) Rules shall prevail for this meet, except as otherwise specified in this meet information. Swimmers must be registered WI and USA swimmers with their age as of July 28, 2011.
- Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement
- Swimmers with a disability:** Please note any special requirements for swimmers with a disability on the entry form.
- Entry Chair:** Pat Lewno
5330 Linden Circle
Racine, WI 53406
Phone: (262) 637-2913 (for pre-meet inquiries—no meet entries will be accepted by phone)
Email: lewno@wi.rr.com (for meet entries and event check-in) Received entries will be replied to within 24 hrs.
- Meet Director:** Iver Iverson
6309 12th Street
Kenosha, WI 53144
Phone: (262) 308-2921 (for pre-meet inquiries)
Email: iiverson@wi.rr.com
- Officials:** Meet Referee: Cindy Raatz raatzharp@hotmail.com
Admin Referee: Judy Linsley jlins53217@earthlink.net
Head Chief Judge: Maurice Pheil mpheil@new.rr.com
- Entry Deadlines:** Entries (Email or snail mail) must be received by the entry chair no later than **6:00 pm, Thursday, July 21, 2011**. Waiver, hard copy of entry forms and non-refundable fees must also be received by the entry chair no later than **6:00 PM, Monday, July 25, 2011**. No phone entries will be accepted. **All express mail must be pre-signed so it will not require a signature for delivery.** Teams are strongly encouraged to submit their entries via a Hy-Tek e-mail file. Unattached athletes use the manual entry form available on the Wisconsin Swimming website under the category "Forms" and [email their entry](#) with all relevant info waiver form and payment.
- NEW CUTS:** Additional entries will be accepted up until **6:00 pm, Monday, July 25, 2011**, for first time cuts only, and only for cuts made after the initial entry deadline. Additional relays will also be accepted if there are additional new swimmers qualified after the initial entry deadline. Swimmers entered in the maximum number of events at the state meet who make an additional cut at a subsequent meet may substitute the event in which the new cut was achieved for another event already entered. All additional entries will be accepted from the team's entry person only. **These additional entries must be emailed to lewno@wi.rr.com. You may send in a new entry file with the additions and changes included. No phone entries will be accepted.**
- Any corrections(s) to team entries must be made by **6:00 pm, Monday, July 25, 2011**.

Entry Limit: Swimmers may enter a maximum of six (6) individual events plus relays and plus time trials. All swimmers are limited to three (3) individual events per day in any combination of meet events and time trials. Relay only swimmers must be entered in the meet and are only allowed on 13-14 relays.

13-14 Bonus Event: Bonus events are allowed for 13-14 swimmers only. No bonus events for 15-Over (or 12-Under) swimmers. If a 13-14 swimmer has achieved a cut in one (1) event, he/she is allowed to enter two (2) bonus events in addition to the qualified swim. If a 13-14 swimmer has achieved the cut in two (2) events, he/she may swim one (1) bonus event in addition to the qualified swims. If a 13-14 swimmer is entered in three (3) or more events under the cut, he/she is not allowed any bonus events.

IMPORTANT: Include bonus entries on the Hy-Tek file or Team Unify file. Be sure to use the Hy-tek options or Team Unify options for indicating bonus entries when you prepare your entry file. Also, include the Bonus Entries in the hard copy of individual entries. Please list the bonus entries in the body of the email when you submit your entry file. This will assist Meet Management in deciphering bonus entries from entry exceptions. Anyone entered in a bonus event who achieves a qualifying time in that event between July 21 and July 25 may update the time in that event and select another bonus event within the limitations described above.

Relay Limit: **No relay only swimmers are allowed on senior relays. All senior relay swimmers must be individually qualified participants in the meet.**

Relay only swimmers must be entered in the meet and are only allowed on 13-14 relays. Relay only swimmers are only allowed on "A" relays. Teams may only enter one relay per event if using a relay only athlete for that age group. To enter a 13-14 relay, your team must have at least one qualified participant in that age group. Relay only swimmers should be included in your initial entry. Additional or alternate relay only swimmers may be added during the meet, but must be entered in the meet management office at least 30 minutes before the start of the session that they are scheduled to swim.

Deck Entries: Deck entries will not be accepted. Deck registration will not be accepted.

Fees: Individual events are \$6.00 per event and Relays are \$16.00. All swimmers, including relay only swimmers, must pay the \$7.00 Walter Schroeder facility fee and the \$5.00 Wisconsin Swimming LSC surcharge.

Seed Times: DO NOT CONVERT. All courses may be used for entry. Non-conforming times will be seeded after LCM times. The order used for seeding will be LCM-SCM-SCY. Bonus entries will be seeded after qualified swims in the same course order.

Proof of Time: A swimmer who does not swim equal to or faster than the Meet qualifying time must prove his/her time or pay a \$50 fine. A swimmer disqualifying from an individual event also must prove his/her time. **Bonus entries are not required to show a proof of time.** Acceptable proof of time includes any printed Meet Final Results or a printout from the SWIMS database. The proof of time must identify the swimmer by name, his/her time, and the Meet name and date at which the swimmer previously achieved the qualifying time. Time trials or relay lead-offs from this meet will not be accepted for proof of time. A swimmer with an outstanding proof of time may not compete in another individual event in the Meet and his/her team may not compete in relay events in the Meet until the swimmer provides the proof or pays the penalty. All proofs must be completed by the conclusion of Sunday's events. There will be no refunds for proofs after that time. Proof of time will be accepted at the meet management table in front of the glass office. Any Team with a swimmer owing a proof of time penalty for an individual event from this Meet may not enter a LSC sanctioned or approved Meet until the proof of time is paid.

Entry times submitted by the initial deadline will be verified through USA SWIMS database. Additional entries, submitted after the initial deadline, will not be verified through the USA Swimming SWIMS database.

Meet Format:

The meet will be a combination of prelim/final events and timed final events.

- All preliminary heats will be swum with all ages combined and separated by age groups for finals and scoring.
- Swimmers will report directly to the blocks in all pre-seeded events as assigned in the heat sheet.
- The top 16 swimmers in each age group, unless otherwise noted, will qualify for consolation and championship finals. There are no bonus heats.
- 400 IM and 400 Free events shall be timed final, check in events. The top 8 checked in swimmers in each age group will compete in finals. Prelim heats will run slow to fast with all ages combined for seeding and then separated for scoring and awards.
- The 800 Free shall be a timed final, check in event. The top checked in 13/14 heat will compete in finals. The top checked in heat of 15/16 and Senior swimmers, regardless of age, will compete in finals. Prelim heats will run fast to slow, alternating girls and boys, with all ages combined for seeding and then separated for scoring and awards.
- The 1500 Free events shall be timed final, check in events with all ages combined for seeding and then separated for scoring and awards. The top checked in heat, regardless of age will compete in finals. The final heat of the 1500 free for each gender will be the first event in finals (before the 200 IM). Swimmers must provide their own counters.
- Slower heats of the 1500 Free will be run fast to slow, alternating girls and boys, with all ages combined for seeding and separated for scoring and awards.
- The 1500 Free event may be swum with 2 swimmers per lane in prelims with this decision based on the timeline and with as many heats as possible swum one per lane. In the event of doubling up in a lane, the two swimmers will start from opposite ends of the pool and will be instructed to stay on their correct side of the lane. Prelim heats will run fastest to slowest, alternating girls then boys. If the 1500 is conducted with 2 swimmers per lane, the swimmers must provide 1 timer. Host will provide 2 timers per lane--one at each end. The timing system will consist of two buttons and 2 watches (automatic pads will not be used until the finish). The top checked in heat, regardless of age will

compete in finals.

- Breaks may be added at the discretion of the Meet Director.

Check-in Events:

The 400 Free, 800 Free, 1500 Free, 400 IM, 800 Free Relay, 400 Free Relay, 400 Medley Relay, the 200 Free Relay and the 200 Medley Relay will be Timed Final, check in events. Positive check in for these events will close according to the schedule shown below.

If a team will not be at the meet to declare intent to swim and scratches according to the schedule below, the coach designated on the meet waiver will be allowed to email intent to swim and scratches to the entry chair (lewno@wi.rr.com). The check in deadlines still apply if the email option is utilized.

The Positive Check In Book will be available at all sessions at the meet management table in front of the glass office.

800 Free, 200 Medley Relay

Thursday, July 28, at 8:30 AM

400 IM, 400 Free Relay

Thursday, July 28, at 6:30 PM

400 Free, 800 Free Relay

Friday, July 29, at 6:30 PM

200 Free Relay, 400 Medley Relay

Saturday, July 30, at 6:30 PM

1500 Free

Saturday, July 30, at 6:30 PM

Relay Events:

Swimmer names and the order of the swimmers must be listed on all relay cards. Additional relay-only swimmers may be added during the meet, *but must be entered in the meet management office at least 30 minutes before the start of the session in which they swim.*

- Teams may enter an "A" 13-14 Relay if they have an individual qualifier in that age group. **Relay Only swimmers are allowed to complete 13-14 "A" relays only.**
- **Senior relays must be comprised entirely of individually qualified swimmers. No relay only swimmers are allowed.**
- The 800 Free Relays will be a timed final, check in event, with the top eight (8) Senior and the top eight (8) 13-14 checked in relays participating in finals. Prelim heats will run fast to slow, alternating girls and boys by age group.
- The 400 Free Relays and the 400 Medley Relays will be timed final, check in events, with the top sixteen (16) Senior and the top eight (8) 13-14 checked in relays participating in finals. Prelim heats will run fast to slow, alternating girls and boys by age group. Final heats will run slow to fast.
- The 200 Free Relays and the 200 Medley Relays will be timed final, check in events, swum to completion during their respective prelim sessions. Heats will be run slow to fast.

Seed Time Challenges: A psych sheet will be posted on the Wisconsin Swimming website **Tuesday, July 26, 2011.** Coaches may challenge the top 8 seeded times in check-in events, but must do so before Noon on **Wednesday, July 27, 2011.** Challenges should be directed to the Meet Director. Swimmers with challenged times that cannot be proved will be seeded into the slowest heat.

Ind. Scratch Rule:

Pre-seeded Events - Each swimmer shall report promptly to the starting blocks prior to the start of each race in which the swimmer is entered. Any swimmer not reporting for or competing in an individual timed final event shall not be penalized. Any swimmer not reporting for or competing in a preseeded preliminary heat when finals are scheduled shall not be penalized.

Positive Check in Events - Any swimmer entered in an individual event, who has checked in for the event, must swim the event. Failure to swim the event will result in the swimmer being banned from the next individual event in which the swimmer is entered on that day or the next day, whichever is first. No penalty shall apply for a failure to compete if the swimmer or the coach notifies the Deck Referee, prior to his/her assigned heat, of a Declared False Start. A Declared False Start is allowed in a Timed Finals event and the fastest heat swimming with Finals.

Relay Scratch Rule:

Pre-seeded Events - Any relay team entered in a pre-seeded event that fails to compete in or report for that event shall not be penalized.

Positive Check-in Events - Any relay team entered in a relay event with positive check in, that has checked in and swimmers' names declared for that event, must swim the event. No penalty shall apply for failure to compete if the relay team or coach notifies the Deck Referee, prior to the relay team's assigned heat, of a Declared False Start. A relay team member failing to appear ready to swim for the relay event shall be barred from his/her next individual event in which the swimmer is entered, on that day or the next Meet day, whichever is first. The relay team members who do appear ready to swim shall not be penalized for failure of other relay team members to appear. Exceptions for failure to compete – no penalty shall apply for failure to withdraw or to compete in a relay event if the Meet Referee is notified in the event of illness or injury and accepts the proof hereof, or the Meet Referee determines that failure to compete is caused by circumstances beyond the control of the swimmer. A Declared False Start is allowed in Timed Final events and the fastest heat swimming with Finals.

Scratching from Finals: Any swimmer qualifying for a consolation final or final race in an individual event who fails to compete in said consolation final or final race shall be barred from further competition for the remainder of the meet. Disqualification under this section shall only apply to swimmers qualifying based on the original preliminary results. In the event of withdrawal or barring of a swimmer from competition, the referee shall fill the consolation final or final when possible with the next qualified swimmer(s). Listed alternates shall be announced along with the final qualifiers. These alternates shall be based on original preliminary results prior to any scratches. These alternates shall not be penalized if not available to compete in the finals. When consolation finals have not yet been swum and a barring or withdrawal is known to the referee, the referee shall reseed the consolation final and final, if necessary, by inserting the alternate(s) in the appropriate lane(s), filling all lanes in finals. If a consolation final has been contested, the champion final shall be swum without reseeding for empty lanes.

Finals shall include those events in a prelim-finals competition but swum as timed finals, with the fastest heat swimming in finals. A swimmer who fails to compete in a timed finals event or in the fastest heat swimming with finals, and who has checked in for the positive check in event is barred from competing in the next individual event in which the swimmer is entered either on that day or on the next day, whichever is first. Swimmers must declare their intent to scratch within thirty (30) minutes after the initial posting of the individual event results. Swimmers must officially scratch within thirty (30) minutes after their last individual event of the day. Exceptions for failure to compete – no penalty shall apply for failure to withdraw or to compete in a relay event if the Meet Referee is notified in the event of illness or injury and accepts the proof hereof, or the Meet Referee determines that failure to compete is caused by circumstances beyond the control of the swimmer.

- Coaches Meeting.:** Thursday morning and as needed. Coaches packets can be picked up at the start of the meet at the meet management table by the glass office. All outstanding entry fees must be paid in full at the time the packet is picked up. Current coach's cards must be visible.
- Hospitality:** Food and refreshments will be available in the hospitality room only for coaches and officials who are working that session. Free refreshments will not be available at the concession area.
- Admissions:** Admissions for all prelim sessions will be \$5.00 for spectators 12 and over.
Heat sheets for Friday, Saturday, and Sunday are \$5.00 and must be purchased separately.
Admissions for all final sessions will be \$5.00 and will include a heat sheet.
A Gold Ticket, covering admission and heat sheets for every session, will be available for \$35.00.
A Silver Ticket, covering admission for every session—without heat sheets, will be available for \$30.00.
- Awards:** *No awards will be mailed! (Awards not picked up at the meet will be brought to the October LSC meeting.)*
Individual Awards: Medals: 1st – 8th, Ribbons: 9th – 16th
Relays: Medals: 1st – 3rd, Ribbons: 4th – 8th
State Championship t-shirt will be awarded to the winner in each event. (Limit one per swimmer.)

Individual High Point: 1st – 3rd male and female
Women's & Men's Age Group Team Awards: 1st – 3rd
- Team Awards:** Team awards for total point accumulation will be awarded in two (2) divisions. The top 5 teams in each division will be awarded team awards. Division seeding and information can be found online at www.wisconsinswimming.org.
- Scoring:** Individual Events: 20, 17, 16, 15, 14, 13, 12, 11, 9, 7, 6, 5, 4, 3, 2, 1
Relay Events: 40, 34, 32, 30, 28, 26, 24, 22, 18, 14, 12, 10, 8, 6, 4, 2
- Final Results:** Results (PDF file of Final Results, Meet Manager back-up and Team Manager results file) will be posted on the Wisconsin LSC website, www.wisconsinswimming.org.
- Conduct:** Each team is responsible for the conduct of its swimmers and parents. Only coaches, swimmers, officials, and meet workers are allowed on deck and in the lower bleachers. Teams are asked that following each session of the meet they pick up any garbage in their immediate team area. Swimmers and coaches may not stand on the bulkheads to cheer for their swimmers. The only people who may step on the bulkheads are officials and counters for the distance events. There will be no videotaping, watching the meet, or picture taking allowed in any area of the stairwells or upper stair well landing areas. Cell phones and other recording devices are not allowed in the locker rooms. No cooler, large bags, or stadium chairs will be allowed in the spectator area. Anyone violating these rules will be promptly removed from that area. Please exercise consideration for your fellow spectators at all times to make this an enjoyable meet for everyone. Swimmers (and their bags) should sit in their team's area in the lower bleachers, not in the spectator stands. No chairs, sleeping bags, or loitering are/is allowed in the hallways.
- Lost & Found:** There will be a lost and found area set up near the glass office. It is recommended that athletes do not bring expensive or valuable items to the meet. SEA and the Walter Schroeder Aquatic Center are not responsible for lost items. Please check the lost and found area during the meet. Items not picked-up by the end of the meet will be discarded or donated to charity.
- Concessions:** Athletes are allowed to bring refreshments (liquids) but NO GLASS is allowed. There will be a selection of food and beverages available for purchase at the meet.
- Parking:** Limited parking will be located in the west parking lot. There will be additional parking available behind the Old Navy store. WSAC is also offering parking spaces with a fee on the east side of the building. We encourage the use of carpooling to the meet.

2011 Wisconsin 13 & Over Long Course State Championships

Thursday – July 28, 2011

******* Prelims Order of Events *******

Prelims: Warm-ups 7:30 - 8:50 am Meet Starts 9:00 am

SCY	SCM	LCM	Women	Event	Men	LCM	SCM	SCY
			1#	13-14 200 Medley Relay #	2#			
			3#	Senior 200 Medley Relay #	4#			
57.99	1:04.79	1:06.09	5A	13-14 100 Freestyle	6A	1:04.29	1:03.09	56.09
56.29	1:02.79	1:04.09	5B	15-16 100 Freestyle	6B	1:00.89	59.69	52.99
55.89	1:02.49	1:03.69	5C	Senior 100 Freestyle	6C	58.79	57.69	51.19
2:45.19	3:04.59	3:08.19	7A	13-14 200 Breaststroke	8A	3:05.89	3:02.19	2:39.09
2:42.89	3:00.99	3:04.49	7B	15-16 200 Breaststroke	8B	2:53.09	2:49.69	2:29.59
2:39.49	2:59.69	3:03.19	7C	Senior 200 Breaststroke	8C	2:49.19	2:45.89	2:26.59
2:28.59	2:45.29	2:48.79	9A	13-14 200 Butterfly	10A	2:44.09	2:40.89	2:22.29
2:23.39	2:37.69	2:42.59	9B	15-16 200 Butterfly	10B	2:30.79	2:27.89	2:12.39
2:22.59	2:36.99	2:40.09	9C	Senior 200 Butterfly	10C	2:26.19	2:23.29	2:09.19
11:36.49	10:10.99	10:22.99	*11A	13-14 800 Freestyle *	*12A	10:21.99	10:09.79	11:28.89
11:22.49	9:52.99	10:04.69	**11B	15-16 800 Freestyle **	**12B	9:46.19	9:34.69	10:51.39
11:15.29	9:47.99	9:59.59	**11C	Senior 800 Freestyle **	**12C	9:30.69	9:19.49	10:36.59

TF check in event swum to completion in this session. Heats will run slow to fast.

* TF check in event with the top 8 checked in swimmers competing in finals. Prelim heats will run fast to slow, alternating girls and boys, with all ages combined.

**TF check in event with the top 8 checked in 15/16 and Senior swimmers, regardless of age, competing in finals. Prelim heats will run fast to slow, alternating girls and boys, with all ages combined.

Thursday – July 28, 2011

******* Finals Order of Events *******

Prelims: Warm-ups Not before 4:15 pm and will last for 1 hour. Meet Starts 5:20 pm

Women	Event	Men
5A	13-14 100 Freestyle	6A
5B	15-16 100 Freestyle	6B
5C	Senior 100 Freestyle	6C
7A	13-14 200 Breaststroke	8A
7B	15-16 200 Breaststroke	8B
7C	Senior 200 Breaststroke	8C
9A	13-14 200 Butterfly	10A
9B	15-16 200 Butterfly	10B
9C	Senior 200 Butterfly	10C
*11A	13-14 800 Freestyle *	*12A
**11B	15-16 800 Freestyle **	**12B
**11C	Senior 800 Freestyle **	**12C

* TF check in event with the top 8 checked in swimmers in competing in finals.

**TF check in event with the top 8 checked in 15/16 and Senior swimmers, regardless of age, competing in finals.

Friday – July 29, 2011

******* Prelim Order of Events *******

Prelims: Warm-ups 7:30 - 8:50 am Meet Starts 9:00 am

SCY	SCM	LCM	Women	Event	Men	LCM	SCM	SCY
2:04.99	2:19.09	2:21.89	13A	13-14 200 Freestyle	14A	2:20.99	2:18.19	2:01.99
2:02.69	2:15.69	2:18.29	13B	15-16 200 Freestyle	14B	2:12.59	2:09.99	1:55.69
2:01.09	2:14.79	2:17.39	13C	Senior 200 Freestyle	14C	2:08.49	2:05.99	1:51.59
5:10.49	5:46.69	5:53.59	*15A	13-14 400 IM *	*16A	5:48.19	5:41.39	5:02.59
5:02.49	5:35.99	5:42.49	*15B	15-16 400 IM *	*16B	5:23.49	5:17.09	4:43.99
5:00.19	5:35.09	5:41.69	*15C	Senior 400 IM *	*16C	5:17.19	5:10.89	4:37.19
1:06.39	1:15.49	1:16.99	17A	13-14 100 Backstroke	18A	1:15.49	1:13.99	1:03.99
1:04.09	1:12.79	1:14.19	17B	15-16 100 Backstroke	18B	1:10.39	1:08.99	1:00.19
1:03.89	1:12.29	1:13.69	17B	Senior 100 Backstroke	18C	1:07.69	1:06.29	57.99
			**19	13-14 400 Freestyle Relay **	**20			
			***21	Senior 400 Freestyle Relay ***	***22			

*TF check in event with the top checked in heat in each age division participating in Finals. Prelim heats will run slow to fast with all ages combined.

**TF check in event with the top 8 (eight) 13-14 seeded relays participating in Finals. Prelim heats run fast to slow, alternating girls and boys.

***TF check in event with the top 16 (sixteen) seeded relays participating in Finals. Prelim heats run fast to slow, alternating girls and boys. Final heats will run slow to fast.

Friday – July 29, 2011

******* Final Order of Events *******

Finals: Warm-ups not before 4:15 pm and lasting 1 hour. Meet Starts 5:20 pm

Women	Event	Men
13A	13-14 200 Freestyle	14A
13B	15-16 200 Freestyle	14B
13C	Senior 200 Freestyle	14C
*15A	13-14 400 IM *	*16A
*15B	15-16 400 IM *	*16B
*15C	Senior 400 IM *	*16C
17A	13-14 100 Backstroke	18A
17B	15-16 100 Backstroke	18B
17B	Senior 100 Backstroke	18C
**19	13-14 400 Freestyle Relay **	**20
***21	Senior 400 Freestyle Relay ***	***22

*TF check in event with the top checked in heat in each age division participating in Finals.

**TF check in event with the top 8 (eight) 13-14 seeded relays participating in Finals.

***TF check in event with the top 16 (sixteen) seeded relays participating in Finals. Final heats will run slow to fast.

Saturday – July 30, 2011
******* Prelims Order of Events *******

Prelims: Warm-ups 7:30 - 8:50 am Meet Starts 9:00 am

SCY	SCM	LCM	Women	Event	Men	LCM	SCM	SCY
2:24.19	2:42.19	2:45.49	23A	13-14 200 Backstroke	24A	2:42.79	2:39.59	2:20.09
2:21.39	2:39.29	2:42.19	23B	15-16 200 Backstroke	24B	2:32.79	2:29.79	2:11.59
2:20.49	2:37.99	2:41.09	23C	Senior 200 Backstroke	24C	2:27.39	2:24.49	2:07.69
5:34.09	4:52.89	4:58.69	*25A	13-14 400 Freestyle *	*26A	4:58.69	4:52.89	5:27.29
5:26.29	4:47.69	4:53.39	*25B	15-16 400 Freestyle *	*26B	4:39.09	4:33.59	5:10.29
5:24.09	4:44.49	4:50.09	*25C	Senior 400 Freestyle *	*26C	4:33.19	4:27.79	5:02.99
1:15.59	1:24.99	1:26.59	27A	13-14 100 Breaststroke	28A	1:25.49	1:23.79	1:12.99
1:14.19	1:22.49	1:24.09	27B	15-16 100 Breaststroke	28B	1:19.89	1:18.39	1:08.09
1:12.79	1:21.59	1:23.19	27C	Senior 100 Breaststroke	28C	1:16.79	1:15.29	1:06.19
1:06.19	1:13.19	1:14.59	29A	13-14 100 Butterfly	30A	1:13.09	1:11.59	1:03.99
1:04.09	1:11.19	1:12.59	29b	15-16 100 Butterfly	30B	1:07.59	1:06.19	59.69
1:03.19	1:10.49	1:11.89	29C	Senior 100 Butterfly	30C	1:05.49	1:04.19	57.49
			**31	13-14 800 Freestyle Relay **	**32			
			**33	Senior 800 Freestyle Relay **	**34			

*TF event with the top checked in heat in each age division participating in Finals. Prelim heats will run slow to fast with all ages combined.

**TF event with the top 8 checked in relays participating in Finals. Prelim heats run fast to slow, alternating girls and boys.

Saturday – July 30, 2011
******* Finals Order of Events *******

Finals: Warm-ups not before 4:15 pm and lasting 1 hour. Meet Starts 5:20 pm

Women	Event	Men
23A	13-14 200 Backstroke	24A
23B	15-16 200 Backstroke	24B
23C	Senior 200 Backstroke	24C
*25A	13-14 400 Freestyle *	*26A
*25B	15-16 400 Freestyle *	*26B
*25C	Senior 400 Freestyle *	*26C
27A	13-14 100 Breaststroke	28A
27B	15-16 100 Breaststroke	28B
27C	Senior 100 Breaststroke	28C
29A	13-14 100 Butterfly	30A
29B	15-16 100 Butterfly	30B
29C	Senior 100 Butterfly	30C
**31	13-14 800 Freestyle Relay **	**32
**33	Senior 800 Freestyle Relay **	**34

*TF event with the top checked in heat in each age division participating in Finals.

**TF event with the top 8 checked in relays participating in Finals.

Sunday – July 31, 2011

******* Prelim Order of Events *******

Prelims: Warm-ups 7:30 - 8:50 am Meet Starts 9:00 am

SCY	SCM	LCM	Women	Event	Men	LCM	SCM	SCY
			#35	13-14 200 Freestyle Relay #	#36			
			#37	Senior 200 Freestyle Relay #	#38			
2:25.09	2:42.29	2:45.59	39A	13-14 200 IM	40A	2:40.29	2:37.19	2:18.39
2:20.49	2:37.49	2:40.59	39B	15-16 200 IM	40B	2:28.89	2:25.99	2:09.79
2:19.59	2:36.99	2:40.09	39C	Senior 200 IM	40C	2:25.79	2:22.99	2:06.99
26.99	29.99	30.59	41A	13-14 50 Freestyle	42A	29.69	29.19	25.79
25.99	28.99	29.59	41B	15-16 50 Freestyle	42B	27.79	27.29	24.29
25.79	28.89	29.39	41C	Senior 50 Freestyle	42C	26.99	26.49	23.39
			43	13-14 400 Medley Relay	*44			
			45	Senior 400 Medley Relay	**46			
				20 Minute In Water Break				
19:29.69	19:50.59	20:14.39	***47A	13-14 1500 Freestyle ***	***48A	20:01.29	19:37.79	19:22.29
18:59.79	19:19.29	19:30.89	***47B	15-16 1500 Freestyle***	***48B	18:49.19	18:27.09	18:20.99
18:55.99	19:11.19	19:22.29	***47C	Senior 1500 Freestyle***	***48C	18:27.69	18:05.99	18:03.39

#TF event swum to completion during Prelims. Heats will run slow to fast

*TF event with the top heat of checked in relays participating in Finals. Prelim heats run fast to slow.

**TF event with the top 2 heats of checked in relays participating in Finals. Prelim heats run fast to slow. Final heats run slow to fast.

***TF event with the top heat of checked in swimmers of any age swimming in Finals. Prelim heats run fast to slow, alternating girls and boys with all ages combined.

Sunday – July 31, 2011

******* Finals Order of Events *******

Finals: Warm-ups not before 4:15 pm and lasting 1 hour. Meet Starts 5:20 pm

Women	Event	Men
***47	13 – Over 1500 Freestyle ***	***48
39A	13-14 200 IM	40A
39B	15-16 200 IM	40B
39C	Senior 200 IM	40C
41A	13-14 50 Freestyle	42A
41B	15-16 50 Freestyle	42B
41C	Senior 50 Freestyle	42C
43	13-14 400 Medley Relay	*44
45	Senior 400 Medley Relay	**46

*TF event with the top heat of checked in relays participating in Finals.

**TF event with the top 2 heats of checked in relays participating in Finals. Final heats run slow to fast.

***TF event with the top heat of checked in swimmers of any age swimming in Finals.

Time Trials

2011 WISCONSIN SWIMMING 13 AND OVER LONG COURSE STATE CHAMPIONSHIP Sanction WI 2011 -254TT

- When:** At the conclusion of Thursday, Friday, Saturday prelim sessions and Sunday finals session as time permits and at the discretion of the meet directors.
- Events:** All meet events will be offered with the exception of the 800 Free (only offered Thursday after prelims--time permitting) and the 1500 Free (only offered Sunday--time permitting). Events will be combined where appropriate at the discretion of the meet management.
- Eligibility:** Open to swimmers entered in the 2011 13 & Over State Long Course Championship Meet.
- Fee:** \$12.00/individual event and \$20.00/relay event.
- Registration:** At the meet management table located in front of the glass office. Registration will be accepted during the prelim and final sessions up to a half hour before the end of the session. Swimmers in the last event of the day have 10 minutes after the end of that event to sign up for time trials.
- Procedures:**
- Swimmer(s) will sign up for an event at the meet management table.
 - Swimmer(s) will fill out a seed card at the table -- swimmer's name, age, team, event name, and seed time.
 - Seed card and event fee must be turned into the table before the registration deadline.
 - An announcement will be made indicating the time that Time Trials will begin.
 - A meeting for all time trial participants and timers will be held prior to the start of Time Trials.
 - Cards with heat and lane assignments will be handed out at this meeting.
 - It is the swimmer's responsibility to be ready to swim when his/her event, name, and lane number are called. The Referee will not hold the start of the event waiting for a swimmer (or timer) to show.
 - ALL time trial cards (whether or not a swimmer swims a desired time) MUST be turned in at the end of each heat.
- Meet Host Provides:** Officials, Colorado System Operator, Meet Management
- Swimmers Provide:** Two (2) Timers, Two (2) Watches, and counter (if needed)
- Reminders:**
1. The maximum number of individual events in one day is three (3) with a maximum total for the meet of six (6) individual events. This includes time trials. This means that on Sunday, for example, that a swimmer may swim 3 individual events for that day including a combination of:
 - (1) Only time trials,
 - (2) Combining time trials and meet events, or
 - (3) Only meet events.
 2. Time trials begin promptly. It is the responsibility of the swimmer to be at the blocks, complete with his/her timers (and watches), ready to swim.
- Note: Timers must turn in their cards whether or not a swimmer achieves a desired time.

Waiver - Summary Entry Form
(Entries will not be accepted without waiver form)

In consideration of the acceptance of this entry: I/We hereby, for Myself/Ourselves, My/Our/Heirs, administrators and assignees, waive and release any and all claims against the United States Swimming, Inc., the Wisconsin Local Swimming Committee of United States Swimming, the SEA Swim Team, the Walter Schroeder Aquatic Center, Rite-Hite Family YMCA and their staffs for the injuries and or expenses accrued by Me/Us at the meet, or while on the road to and from the meet. I/We are bona-fide USA Swimming registered athletes and eligible to compete in all events /We have entered. I/We also understand that our club will be responsible financially for any damage done to the facility by our athletes during the meet. I/We also understand that it is our responsibility to ensure that all of our athletes and coaches are currently registered members of United States Swimming. I/We will be responsible for making our athletes/parents/coaches/club administrators aware of the waiver requirements in participation in this event.

Make (2) copies of the entry forms:

1. Mail one copy of entry form, email Hy-Tek entry file or Team Unify entry file, plus entry fees to the entry chair.
2. Retain one copy for coaches' records.

Club Name: _____ Abbr: _____

Signature of Club Official, Parent, or Guardian

Name: _____ Title: _____

Address: _____

City: _____ State: _____ Zip: _____

Entry Fee Recap:

Total No. of Individual Events in Meet: _____ x Ind. Entry Fee @ \$6.00 = \$ _____

Total No. of Relays in Meet: _____ x Relay Entry Fee @ \$16.00 = \$ _____

**Number of Swimmers Entered in Meet _____ X \$5.00 ea (WI LSC Splash Fee) = \$ _____
(Be sure to include your "relay only" swimmers)**

**Number of Swimmers Entered in Meet _____ X \$7.00 ea (Schroeder Facility Fee) = \$ _____
(Be sure to include your "relay only" swimmers)**

Make Checks Payable to: "SEA" Your Check Number Is _____ Total Entry Fee = \$ _____

Name of coaches representing your team at meet:

Name: _____ Phone _____

Name: _____ Phone _____

Name of Designated Coach to email intent to swim and scratches for Positive Check-In Events

Name: _____ Phone _____ E-mail _____

Contact information for team entry person (in case of entry problem):

Name: _____ Phone _____ E-mail _____

Name and email address for final results:

Name: _____ E-mail Address: _____