

2008 USA SWIMMING
Central Zone Section 1 Championship
Walter Schroeder Aquatic Center & Schroeder YMCA Swim Team
July 17-20, 2008 (note: Thursday – Sunday)

SANCTIONED BY: Wisconsin Swimming, Inc.	SANCTION NO: 2008 – 102WI	TIME TRIALS: 2008 – 101WI
MEET HOST: Schroeder YMCA Swim Team		
INFORMATION & RESULTS: www.ssty.org		
DATES OF MEET: Thursday, July 17 through Sunday, July 20, 2008		
START TIMES: PRELIMS: 9:00am all days; FINALS: 6:00pm all days		
REGISTRATION: Wednesday, July 16, 1:00pm-6:30 pm; Thursday, July 17, 7:00am-9:00am		
GENERAL MEETING: Wednesday, July 16, 7:00pm, TBA		
MEET REFEREE: TBA		
OFFICIALS MEETINGS: 8:00am Prelims, 5:00pm Finals		
LOCATION: Walter Schroeder Aquatic Center, 9250 North Green Bay Rd., Brown Deer, WI 53209		
FACILITY: Competition pool is an 8-lane, 50-meter indoor pool ranging from 6'6" feet to 18 feet deep. Lanes are 8 feet wide. Slanted starting blocks are 28 inches above water surface. Separate six-lane 25-yard warm-up facility provided – water temp 85 approx.		
DECK ACCESS: Coaches, Athletes, and Spectators will enter the building through the West Schroeder Event doors. Coaches and Athletes may enter using their event credential. No spectators will be allowed on the pool deck.		
ADMISSION: \$6.00 per session (children 10 & under admitted free) or \$10.00 daily pass. Admission includes a heat sheet. Additional heat sheets will be sold for \$2.00 each. Psych sheets will be sold for \$6.00 each. Special 4-day psych sheet, heat sheet, and admission \$35.00.		

ENTRY INTO THE MEET

ELIGIBILITY: All swimmers must be current 2008 registered athlete members of USA Swimming. All coaches who want to be on deck, must be non-athlete coach members for 2008 and have current certifications to be a USA swimming coach. The meet is open to those USA Swimming athletes registered in the following LSCs: Illinois, Iowa, Minnesota, North Dakota, South Dakota, and Wisconsin, or to those registered outside the Central Zone, who have achieved a 2008 Speedo Junior National Championships Bonus time standard (see pg. 4 – Speedo Junior Time Standards for details). There will be no on deck registration.

QUALIFYING: Qualifying time standards are included in this packet. Times received in Long Course Meters, Short Course Meters, or Short Course Yards will be accepted. All entries will be seeded first by Long Course Meters, then by Short Course Meters, and finally by Short Course Yards. The qualifying period is September 1, 2005 through the entry deadline.

ENTRY LIMITS: Swimmers may enter all events for which they qualify, but may compete in a maximum of three individual events per day including time trials. Each team is allowed two relays in each relay event.

ENTRY FEES: \$8.50 per individual event; \$20.00 per relay event. \$3.00 WI Swimming, Inc. surcharge per individual entered (including relay only athletes)

FACILITY USER FEE: \$7.00 per individual entered (including relay only athletes) to support the cost of maintaining the Walter Schroeder Aquatic Center

ENTRY PROCEDURE: All entries must be done using USA Swimming OME (online meet entry). Entries can be done at www.usaswimming.org/ome. **Paper or Hy-Tek entries will not be accepted.** Please contact Susan Woessner at USA Swimming with any questions on the OME system. (719) 332-0184. Payment for OME is requested by using Visa, MasterCard, American Express or Discover. OME will allow you to modify entry times through July 14. Once you have paid for your entry, you can add events to your entry but you cannot delete events. Entries will not be considered accepted until entry fees are received. After you have completed your entries, you will be sent a confirmation email. Please bring a copy of all communications with you to the meet.

ENTRY DEADLINE: Entries may be submitted online beginning June 16, 2008 (9:00am CDT) through the USA Swimming website using OME www.usaswimming.org/ome. Online entries will be accepted until Monday, July 14, 2008 at 12:00pm (CDT).

FOR MORE INFORMATION, CONTACT:

Nancy Roos, Meet Director

David Anderson, SSTY Co-Head Coach

Matt Miller, SSTY Co-Head Coach

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Meet Marshall: TBA

Referee: Bill Rose

Co-Admin: John Borja, George Geanon

RULES AND PROCEDURES

RULES: Current National USA Swimming Rules will govern all competitions, except as otherwise specified in this meet information. All information, rules and regulations, including time standards, schedules, order of events, meet operations and requirements will be found in the United States Swimming Rules and Regulations - current edition.

GENERAL MEETING: A general meeting will be held on Wednesday, July 16, 2008, at 7:00 PM. The scratch deadline for Thursday's events will be 15 minutes after the closing of this meeting. All scratches and positive check-in are due at this time for Thursday's events. The scratch deadline for Friday events will be 30 minutes following the beginning of Thursday's finals. Additional Coaches meetings will be held as determined by the Meet Referee. It is the responsibility and obligation of each team or unattached swimmer to be represented at all coaches meetings. Coaches are responsible for all information from these meetings including changes in the meet format or conduct.

POOL HOURS: Wednesday, July 16 from 12:00pm to 8:00pm. Thursday, Friday, Saturday and Sunday doors open at 7:00am and the pool will be open for general warm-up all day. The structured warm-up schedule is listed below. The pool will close 30 minutes after the competition is completed each night.

	<u>WARM-UP</u>	<u>PRELIMS</u>	<u>WARM-UP</u>	<u>FINALS</u>
Wednesday	General Warm-up	12:00pm-8:00pm		
Thursday	7:00-8:50am	9:00am	4:30-5:50pm	6:00pm
Friday	7:00-8:50am	9:00am	4:30-5:50pm	6:00pm
Saturday	7:00-8:50am	9:00am	4:30-5:50pm	6:00pm
Sunday	7:00-8:50am	9:00am	4:00-5:20pm	5:30pm

CONDUCT OF THE MEET: This meet is a prelims/finals meet with the top 24 swimmers advancing to finals. Prelim events may be conducted using fly-over starts, except for backstroke events. Each event during finals will consist of a Bonus, Consolation, and Championship Final heat except for the 800m and 1500m Freestyles and all relays. These events will be conducted as timed final events. The 800 Free and 1500 Free will require a positive check-in. Information on check in deadlines will be distributed in the coaches' packet. Information on the location of the scratch box and the scratch deadlines will be distributed in the coaches' packet. We will abide by the National rulebook scratch procedure. A copy of the scratch procedure will be put in the coaches' packet (section 207.12).

OFFICIALS CERTIFICATION

This meet may be designated as a "Qualifying Meet," and a "National Evaluator" will be in attendance for certification and re-certification evaluations. Those desiring initial certification or re-certification above the LSC level should download the new application for this purpose from the "Officials" section under the "Volunteers" tab on the USA Swimming web site. There will be opportunities at the meet to be evaluated for N2- & N3-level positions. However, there may not be enough resources to accommodate all such requests. All applications for evaluations should be e-mailed to the meet referee.

THURSDAY: The 800 Freestyle will be deck seeded with a positive check-in deadline 15 minutes after the coaches meeting on Wednesday night. The fastest heat of women and men will be seeded into the finals; all other heats will be swum during the Thursday prelim session fastest to slowest alternating heats of women/men. Scratch box closes at 6:30pm for Friday's events.

FRIDAY: The 400 Freestyle Relays will be timed final events with the fastest two heats of women and men seeded into finals. Scratch box closes at 6:30pm for Saturday's events.

SATURDAY: The 800 Freestyle Relays will be timed final events with the single fastest heat of women and men seeded into finals; all other heats will be swum at the end of the prelim session, fastest to slowest alternating heats of women/men. **For Sunday's** 400 Medley Relays, a Coach may request to be down seeded into prelims to their same relative position as in finals. Scratch box closes at 6:30 PM for Sunday's events. Declaration to down seed a relay, **MUST BE MADE** prior to the Scratch deadline for that day's events.

SUNDAY: The 1500 Freestyle will be deck seeded with a positive check-in by 6:30pm Saturday. The fastest heat of women and men will be seeded into finals; all other heats will be swum after prelims (following the 400 Medley Relays) fastest to slowest alternating heats of women/men.

SCRATCHES: The following are the scratch deadlines for each day's events:

Deadline for Thursday's events:	15 minutes after general meeting
Deadline for Friday's events:	Thursday 6:30pm
Deadline for Saturday's events:	Friday 6:30pm
Deadline for Sunday's events:	Saturday 6:30pm

POSITIVE CHECK-IN: Positive check-in is required for the 800m and 1500m Freestyle and all relays. Swimmers and relays who fail to positively check-in will NOT be seeded for the event.

FINES/PROOF OF TIME: A \$100.00 fine will be assessed for each individual or relay event in which the qualifying time standard was not met unless the time standard can be proved with an USA Swimming, Inc. sanctioned or approved meet result summary. **Only custom entry times need to be proved.** Proof of times can be submitted in SCY, LCM, or SCM. Teams with outstanding fines or proofs of time will be listed on the videoboard during the warm up for the finals session. **Computer access will not be provided for proof of times. Please bring hard or .pdf copies with you to the meet.**

TIME TRIALS: Time permitting, time trials will be offered each day 15 minutes after the completion of the preliminary session. The entry fee is \$8.00 per individual event. Relay time trials are \$20.00. Athletes must provide their own lane timer and person to count laps for all time trial events.

TIME TRIAL SCHEDULE (Time Permitting)
Thursday afternoon following 800 Freestyle

Order of Events

Thursday events/Friday events/Saturday events/ Sunday events

*800 Freestyle time trials Thursday afternoon only (time permitting) **Please check the note below for the seeding of 800 freestyle time trial athletes in the preliminary sessions.**

Friday afternoon following 400 Freestyle Relay

Friday events/Saturday events/ Sunday events /Thursday events, followed by the 50 meter freestyle.

Saturday afternoon following 800 Freestyle Relay

Saturday events/ Sunday events /Thursday events / Friday events followed by the 50 meter freestyle.

Sunday afternoon following 1500 Freestyle

50 meter freestyle followed by the rest of the Sunday events/Thursday events/Friday events/ Saturday events. *1500 Freestyle time trials Sunday afternoon only (time permitting) **Please check the note below for the seeding of 1500 freestyle time trial athletes in the preliminary sessions.**

Sunday evening following Finals

Thursday events/Friday events/Saturday events / Sunday events

Time Trials (800/1500) ONLY.

Time trials for the 800 freestyle on Thursday and the 1500 freestyle on Sunday will only be offered on those days respectively. All distance Time Trial athletes (800/1500) will be placed in the slowest heats in any open lanes regardless of gender during the normal preliminary swims of the 800 freestyle and 1500 freestyle sessions.

SCORING: All events will be scored to 16 places using the following point system:

Individual Scoring: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1; Relay Scoring: 40-34-32-30-28-26-24-22-18-14-12-10-8-6-4-2

AWARDS: Individual: Top 8 Awarded; Relays: Top 3 Awarded;

Team: Top 5 Women's teams, Top 5 Men's teams, Top 10 Combined Teams.

MEET COMMITTEE: A meet committee consisting of at least one Official, a Coach from the host team, a Coach from the smallest LSC present, a Coach from the largest LSC present and two (17-18) athletes (male and female) will be appointed to decide protests arising from administrative matters. Official judgment decisions cannot be protested.

2008 USA SWIMMING
Central Zone Section 1 Championship
LONG COURSE SWIMMING CHAMPIONSHIPS
ORDER OF EVENTS

WOMEN				THURSDAY, JULY 17	MEN			
EVENT #	SCM	LCM	SCY	EVENT	SCY	LCM	SCM	EVENT #
1	59.79	1:01.19	:53.89	100 Freestyle	:48.99	:55.59	:54.59	2
3	2:46.49	2:51.99	2:29.99	200 Breaststroke	2:17.59	2:38.79	2:32.69	4
Awards for 100 Freestyle and 200 Breaststroke								
5	2:29.29	2:32.39	2:14.49	200 Butterfly	2:01.79	2:18.49	2:15.19	6
+7*	9:32.49	9:41.09	10:54.19	800 Freestyle	10:14.09	9:12.09	8:57.29	*8+
Awards for 200 Butterfly and 800 Freestyle								

WOMEN				FRIDAY, JULY 18	MEN			
EVENT #	SCM	LCM	SCY	EVENT	SCY	LCM	SCM	EVENT #
9	2:09.69	2:12.39	1:56.79	200 Freestyle	1:46.39	2:02.09	1:59.09	10
11	5:12.09	5:20.99	4:40.89	400 Individual Medley	4:21.99	4:59.99	4:51.89	12
Awards for 200 Freestyle and 400 Individual Medley								
13	1:06.89	1:09.99	1:00.29	100 Backstroke	:55.79	1:04.29	1:01.89	14
10 MINUTE BREAK								
+15	4:09.19	4:14.09	3:44.49	400 Freestyle Relay	3:23.69	3:51.99	3:46.09	16+
Awards for 100 Backstroke and 400 Freestyle Relay								

WOMEN				SATURDAY, JULY 19	MEN			
EVENT #	SCM	LCM	SCY	EVENT	SCY	LCM	SCM	EVENT #
17	2:26.69	2:31.79	2:12.19	200 Backstroke	2:01.69	2:20.39	2:15.09	18
19	4:32.89	4:38.59	5:12.19	400 Freestyle	4:52.29	4:24.79	4:15.79	20
Awards for 200 Backstroke and 400 Freestyle								
21	1:16.29	1:19.39	1:08.69	100 Breaststroke	1:02.29	1:12.09	1:09.09	22
23	1:06.09	1:07.79	:59.59	100 Butterfly	:54.09	1:01.39	1:00.49	24
10 MINUTE BREAK								
+25*	9:01.99	9:14.09	8:07.99	800 Freestyle Relay	7:28.29	8:29.79	8:17.89	*26+
Awards for 100 Breaststroke, 100 Butterfly, and 800 Freestyle Relay								

				SUNDAY, JULY 20				
EVENT #	SCM	LCM	SCY	EVENT	SCY	LCM	SCM	EVENT #
27	2:27.49	2:30.99	2:12.89	200 Individual Medley	2:01.39	2:18.99	2:14.69	28
+29*	18:21.59	18:43.69	18:14.99	1500 Freestyle				
30	:27.69	:28.19	:24.99	50 Freestyle	:22.39	:25.49	:25.09	31
				1500 Freestyle	17:12.19	17:41.79	17:18.39	*32+
Awards for 200 Individual Medley, 1500 Freestyle, and 50 Freestyle								
10 MINUTE BREAK								
+33	4:32.69	4:44.99	4:05.69	400 Medley Relay	3:47.09	4:22.99	4:12.09	34+
Awards for 400 Medley Relay Team Awards Presentation								

* Swum at the end of prelims fastest to slowest alternating women/men

+ Timed Finals, positive check-in is required

**2008 Junior National Championships
Bonus Event Time Standards**

WOMEN			EVENT	MEN		
SCY	SCM	LCM		SCY	SCM	LCM
24.59	27.39	27.79	50 FREESTYLE	21.69	23.99	24.79
52.89	58.29	1:00.19	100 FREESTYLE	47.09	52.09	53.99
1:54.19	2:05.89	2:09.09	200 FREESTYLE	1:43.09	1:54.19	1:58.09
5:03.29	4:21.89	4:30.69	400/500 FREESTYLE	4:39.59	4:02.09	4:09.79
10:21.29	9:00.99	9:15.99	800 FREESTYLE	9:39.29	8:26.89	8:40.79
17:24.29	17:13.09	17:46.69	1500 FREESTYLE	16:13.69	15:56.19	16:41.69
59.09	1:04.89	1:07.89	100 BACKSTROKE	53.09	59.09	1:01.39
2:06.99	2:20.79	2:25.99	200 BACKSTROKE	1:54.79	2:07.49	2:12.39
1:06.89	1:14.69	1:16.79	100 BREASTSTROKE	59.49	1:06.09	1:10.09
2:24.29	2:41.39	2:44.99	200 BREASTSTROKE	2:09.79	2:25.59	2:29.79
58.49	1:04.29	1:05.79	100 BUTTERFLY	51.89	56.89	58.89
2:07.39	2:19.99	2:24.19	200 BUTTERFLY	1:54.89	2:05.79	2:10.59
2:09.49	2:22.89	2:27.59	200 IM	1:56.29	2:08.49	2:13.59
4:33.09	5:01.19	5:09.69	400 IM	4:08.09	4:34.69	4:43.89
3:33.49	3:58.89	4:01.49	400 FREE RELAY	3:09.39	3:30.49	3:37.69
7:43.39	8:37.99	8:45.29	800 FREE RELAY	7:00.49	7:47.49	7:59.89
3:58.19	4:25.49	4:30.49	400 MEDLEY RELAY	3:31.09	3:55.79	4:01.19

QUALIFYING PERIOD: SEPTEMBER 1, 2005 THROUGH ENTRY DEADLINE

Swimmers registered outside of Illinois, Minnesota, Wisconsin, Iowa, North Dakota, and South Dakota, should follow the 2008 Speedo Junior National Championships Bonus Event Time Standards.

