

# Southwest Aquatic Team

January 7, 2007

Swim Your Own Age

USS Sanction # 2007-009 WI

- Location:** Waukesha South HS  
401 E. Roberta Drive  
Waukesha, WI 53186
- Entry Chairperson:** Todd Roberts (262) 895- 3312 e-mail: troberts2@wi.rr.com  
8439 E. Wind Lake road  
Wind Lake, WI 53185
- Meet Director:** Heidi Szczupakiewicz/Dale Schrank (262) 679-7928 email: swatswimteam@wi.rr.com  
PO Box 20738  
Greenfield, WI 53220
- Facility:** 8/10 lane, 25 yard pool. Pool depth is 13 feet at the start and 5' 10" at the bulkhead (turn end). 30" Blocks with non-turbulent lane markers. Configuration of pool will be at the discretion of meet management upon receipt of actual entries. Meet management will notify each team competing in the meet regarding configuration.
- Timing System:** Colorado 6 Timing System will be used with a manual back-up button, plus two back-up timers for each lane. Should the automatic system fail, a gun or horn start will be used.
- Schedule/Warm-ups:** Sunday AM Session: Warm-ups 7:00-8:00 AM. Meet start 8:15 AM.  
Sunday PM Session: Warm-ups will start immediately after the conclusion of the morning session and run for one hour. Estimated meet timeline will be posted January 5th on our web site at [www.swimswat.org](http://www.swimswat.org)
- Wisconsin Swimming warm-up procedures will be in effect. Morning sessions will have 30 minutes of circle swimming with no racing starts. **FEET FIRST ENTRY ONLY FROM THE STARTING END OF THE POOL**, unless performing one way starts. The second 30 minutes, sprint lanes will be opened as needed. The afternoon sessions will use the same format. Violators of the Wisconsin Swimming warm-up procedures may be subject to disqualifications.
- Class of Meet:** Swim your own age high point meet. One class for 8 & Under and Senior.
- Format:** All events will be pre-seeded with the exception of the 13 & Over 400 IM which will be positive check-in and seeded on deck. Heats for the 400 IM will swim fastest to slowest, alternating Women & Men heats. Positive check in will close 30 minutes before scheduled meet start time. The 200 IM will swim 9 and 10 together and 11/12 together but separate for awards and high point. 8 & U individual events will be staged. Please Note: Positive check in heats may be limited due to time constraints. Heats/events may be combined to stay within 4 hour rule, but will be awarded as separate age groups. All events are timed finals.
- Eligibility:** All swimmers must be currently registered with United States Swimming. Out of state entrants must present a valid USA-S card at the Scoring/Records Table prior to pool entry. Age up date is 1/7/07. Coaches must display current coaches card while on deck. Coaches should notify meet officials of any adaptive swimmer upon arrival at the meet. Official 2007 USA Swimming and WI LSC rules shall prevail at this meet.
- Entry Limit:** Participation is limited to a **maximum of four (4) individual events per day**, plus relays. Age is to be determined as of January 7, 2007.
- Entry Fees:** \$4.00 per individual event. \$12.00 per relay. A \$2.00 splash fee (WI LSC Rule) must be paid for each swimmer entered in the meet. Entry fees must accompany entry forms. Recap statement must be complete and the waiver form signed. Money used for reservations is nonrefundable, and cannot be used to offset cost of relays, deck seeding or splash fees.  
**Checks should be made payable to SOUTHWEST AQUATIC TEAM.**
- Deck Entries:** The entry fee for deck entries will be \$6.00 (\$14.00 for relays). Deck entries will be allowed at the discretion of the meet director and only to fill open lanes if the time line permits. (Additional heats will not be added). Deck entries close 30 minutes prior to the start of the session.

- Entry Deadline:** Entries via hitek file must be emailed to Todd Roberts: **NO LATER than 6:00 PM, Thursday, December 21, 2006.** Entries can be emailed to Todd Roberts: [troberts2@wi.rr.com](mailto:troberts2@wi.rr.com). Completed recap forms, waivers, fees and hard copy of your team entries must be mailed and received by Todd by Thursday, December 28<sup>th</sup>.
- Disabled Swimmers:** Coaches are encouraged to inform officials and the Meet Director of any special needs swimmer during warm-ups.
- Deck Seeded Events:** The 400 IM will be deck seeded. Entries may be limited by Meet Management to adhere to the four (4) hour session rule. Accepted entries will be posted on the SWAT website on Tuesday evening, January 2. Swimmers cut from these events by meet management will be refunded their entry fee or that fee can be used to deck seed in an open lane of another event. Positive check in for these events will be located at the Scoring/Records Table. Positive check in will close 30 minutes before the start of the session.
- Relay Cards:** Relay cards will be in the coach's packet. Cards must list the swimmers' last and first names (names must be listed in order of swim) and the ages of the swimmers.
- Coaches Packet:** Coaches may pick up their packets at the Scoring/Records Table. **Any monies owed must be paid before you can obtain your packet.** Please be prepared to show your U.S.A. coach's card at the time you pick up your team packet. **Coach's cards must be visible at all times on deck.**
- Awards:** Ribbons – 1st – 16<sup>th</sup> - for 13 and under swimmers (Individual events)  
Relay events 1<sup>st</sup> – 6<sup>th</sup> Ribbons  
High Point Awards  
1<sup>st</sup> – 12<sup>th</sup> for each single age group (7 & U,8, 9, 10, 11, 12, 13, Seniors)  
**Awards must be picked up at the meet. Awards will not be mailed after the conclusion of the meet.**
- Heat Sheets:** Admission: \$4.00 per day for spectators over 12 years. Heat Sheets: \$2.00
- Food:** Food and beverages will be available on the premises. No food or beverage is allowed in the pool area.
- Swim Supplies:** *All-American Aquatics* will be on site Saturday to provide swim accessories and supplies.
- Conduct:** All coaches are responsible for the conduct of their swimmers and will see that their club has proper supervision at all times. Meet Marshals shall have the authority to remove any swimmer/s from the meet for any violation such as improper behavior damage to property, etc. Such teams are responsible financially for damage of property. There shall be No Smoking permitted at any time on the premises. **Please make sure your team's area on deck and rest area is picked up at the end of each session.**
- First Aid:** Injuries must be reported to the Lifeguard AND to the Meet Director. A first aid kit will be located at the Lifeguard station.
- Lost & Found:** An area for lost and found will be located by the concessions. After the meet contact Cindy Budnik, at 262-679-7928.
- Meet Results:** A copy will be provided to every club entered in the meet. Clubs who submit their entries on a disk may have a club representative pick up the disk with results on it at the conclusion of the meet. Those wishing to purchase a copy may do so at the Awards Table for \$10.00.
- Officials:** To be determined.

**SWAT Single Age Open  
January 7,, 2007**

**Sunday AM**

<b>Girls</b>	<b>Event</b>	<b>Boys</b>
1	SR 200 Fly	2
3	13-year-old 100 Fly	4
5	8-year-old 25 Fly	6
7	7 & Under 25 Fly	8
9	SR 100 Free	10
11	13-year-old 100 Free	12
13	8-year-old 50 Free	14
15	7 & Under 50 Free	16
17	Senior 200 Medley Relay	18
19	8 & Under 100 Medley Relay	20
21	SR 200 Breast	22
23	13-year-old 200 Breast	24
25	8-year-old 25 Breast	26
27	7 & Under 25 Breast	28
29	SR 200 Back	30
31	13-year-old 100 Back	32
33	8-year-old 25 Back	34
35	7&Under 25 Back	36
37	Senior 200 Free Relay	38
39	8 & Under 100 Free Relay	40

\*41 Senior 400 IM 42\*

**Sunday PM**

<b>Girls</b>	<b>Event</b>	<b>Boys</b>
43	9-year-old 50 Fly	44
45	10-year-old 50 Fly	46
47	11-year-old 50 Fly	48
49	12-year-old 50 Fly	50
51	9-year-old 50 Free	52
53	10-year-old 50 Free	54
55	11-year-old 50 Free	56
57	12-year-old 50 Free	58
59	10 & Under 200 Medley Relay	60
61	11/12 year old 200 Medley Relay	62
63	9-year-old 100 Breast	64
65	10-year-old 100 Breast	66
67	11-year-old 100 Breast	68
69	12-year-old 100 Breast	70
71	9-year-old 50 Back	72
73	10-year-old 50 Back	74
75	11-year-old 50 Back	76
77	12 Year Old 50 Back	78
**79	9 & 10 Year Old 200 IM	80**
**81	11 & 12 Year Old 200 IM	82**
83	10 & Under 200 Freestyle Relay	84
85	11/12 200 Freestyle Relay	86

\*\*9-10 200 IM and 11/12 200 IM seeded together ,& separated for results

\*13 & Over will swim together, but separated for results

Positive Check in required for 400 IM– Heats may be limited to Top 30 swimmers to adjust for time line

Heats will swim fastest to slowest and alternate women & men. Heats may be combined to accommodate swimmers within required time line.

**WAIVER**

In consideration of the acceptance of this entry, I/we hereby for myself/ourselves, my/our heirs administrators, and assigns, waive and release any and all claims against USA Swimming (USA-S), the Southwest Aquatic Team, Inc. Waukesha South HS and their staffs for injuries and/or expenses occurred by me/us at the meet, or while on the road to and from the meet. I/we are bonafide amateur athletes and eligible to compete in all the events I/we have entered.

Signature of Club Official, parent or guardian: \_\_\_\_\_

Address, City, State, Zip: \_\_\_\_\_

\_\_\_\_\_

Coaches Names: \_\_\_\_\_

\_\_\_\_\_

Club Name: \_\_\_\_\_ CLUB INITIALS (4) \_\_\_\_\_

Name and telephone number to who questions of this entry may be directed:

NAME \_\_\_\_\_ PHONE \_\_\_\_\_

RESULTS MAILED TO: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Entry Fee Recap:**

INDIVIDUAL EVENTS	_____ X \$4.00	= \$ _____
LESS RESERVATION TOTAL PREVIOUSLY SENT IN (Only to be used for Individual Events)	-	= \$ _____
	<b>SUBTOTAL (If less than 0 enter 0)</b>	= \$ _____ <b>A</b>
RELAY EVENTS	_____ X \$12.00	= \$ _____ <b>B</b>
NUMBER OF SWIMMERS IN MEET	_____ X \$2.00 LSC SURCHARGE	= \$ _____ <b>C</b>
<b>TOTAL LINES A, B, &amp; C FOR TOTAL BALANCE DUE:</b>		= \$ _____

**Make checks payable to: SOUTHWEST AQUATIC TEAM** CK # \_\_\_\_\_

**Entry file must be emailed by 12/21/06**

Mail Hard copy Entries, Recap, and Check to: Todd Roberts  
Hardcopy must be received by December 28, 2006 8439 E. Windlake Road  
Windlake, WI 53185



**Relay Entry / Team Alpha Code:** \_\_\_\_\_

PLEASE PRINT CLEARLY

Relays	Seed Time	Seed Time	Seed Time	Seed Time	Seed Time	Seed Time	Seed Time
10&U Girl/Boy 200 Medley Relay #	A	B	C	D	E	F	G
11/12& Girl/Boy 200 Medley Relay #	A	B	C	D	E	F	G
8&U Girl/Boy 100 Medley Relay #	A	B	C	D	E	F	G
Senior Women/Men 200 Medley Relay # %	A	B	C	D	E	F	G
10&U Girl/Boy 200 Free Relay # %	A	B	C	D	E	F	G
11/ 12 Girl/Boy 200 Free Relay #	A	B	C	D	E	F	G
8&U Girl/Boy 100 Free Relay #	A	B	C	D	E	F	G
Senior Women/Men 200 Free Relay #	A	B	C	D	E	F	G