

**NORTH SHORE SWIM CLUB SPRING OPEN**  
**@ Nicolet High School**  
**SATURDAY, JUNE 5, 2010**  
**SANCTION WI2010-217S**

- HOST:** North Shore Swim Club (NSSC) PO Box 170461 Whitefish Bay, WI 53217  
**LOCATION:** Nicolet High School 6701 N Jean Nicolet Road Glendale, Wisconsin 53217
- FACILITY:** One eight lane (North End of Pool), 25 yard pools with non-turbulent lane markers and backstroke flags.  
Pool depth at starting end is a minimum of 7'. Block height is 29.5".  
Please be advised that due to the depth of the non-starting end of the pool, the 2<sup>nd</sup> and 4<sup>th</sup> leg of all 100-Yard/Meter relays will start in the water.  
The Competition Course has not been certified in accordance with USA Swimming's Rule 104.2.2(c).
- TIMING:** Colorado System with two back-up buttons and one watch. Computerized scoreboard for all lanes.
- MEET DIRECTOR:** Karen Thien (414.828.3961)  
418 E. Hampton Road  
Whitefish Bay, WI 53217  
**Email: KBT@cgallery.com**
- SEND ENTRIES TO:** Karen Thien  
418 E Hampton Road  
Whitefish Bay, WI 53217  
**Email: KBT@cgallery.com**
- FORMAT:** The meet is governed by 2010 USA-Swimming & Wisconsin Swimming, Inc. rules  
All events are timed finals and pre-seeded. All Swimmers 8-Years and younger may report to the designated staging area. All other swimmers report to the blocks prior to your event  
Heat/Events may be combined due to time constraints, but will be awarded separately.
- SANCTION:** WI2010-217S
- ENTRIES&ELIGIBILITY\*** Individuals may enter a total of 4 (four) individual events.  
\* Teams may enter unlimited number of relays in any relay event with no qualifications.  
\* All swimmers must be registered with USA-Swimming  
\* Ages are as of the first day of the meet (June 5, 2010)
- WARM-UPS:** General Warm-ups being at **8:00AM** – as follows: 8:00-8:30AM circle swim all lanes.  
Feet first, three point entries from the starting end of the pool during general warm-ups will be enforced for all sanctioned/approved competition – NO DIVING ALLOWED with the exception of sprints.  
8:30-9:00AM one-way sprints with diving in lanes 3-4-5.  
Session will begin at 9:05AM  
**Lane 8 will be designated for 8/Under Swimmers ONLY.**  
PM session will begin promptly after the completion of the morning session. A Timeline will be emailed to all teams and posted on Wisconsin Swimming's website prior to the meet.
- ENTRY DEADLINE:** \* Entries are due on **FRIDAY, MAY 28, 2010**  
\* No phone entries will be accepted. Fax's are only accepted in emergency cases only.  
\* All entries must be accompanied by a check covering all team entries.  
\* Entries and waiver MUST be prepared on the enclosed entry form. Print clearly.  
\* **Hardcopy, Waiver and Entry Fees are due no later than Wednesday – 6/2/2010.**  
\* Results on HyTek disks are only available to teams that prepared the entry with a disk!
- ENTRY FEES:** \$4.00 per Individual entry, \$12.00 per relay entry (**deck entries double**)  
\$3.00 per swimmer WI LSC Splash Fee  
**Please make checks payable to NORTH SHORE SWIM CLUB.**
- ADMISSIONS:** \$3.00 per spectator. Heat sheets \$2.00. 12-under spectators are free.  
Final results are published for each participating team. Individual results are \$8.00.
- CONCESSIONS:** There will be a superb selection of food and beverages available at all times during the meet.

**AWARDS:** Individual Awards:Ribbons: 1st thru 16<sup>th</sup> Place  
Relay Awards: Ribbons: 1<sup>st</sup> thru 8<sup>th</sup> Place

**CONDUCT:** Each participating team is responsible for the conduct of their swimmers.  
No coolers, sleeping bags, swim bags or large coats in pool area or common hallway.  
In accordance with the Federal Video Voyeurism Prevention Act of 2004 – the use of camera phones or video recording devices in the locker rooms is prohibited.  
All on deck seating will be reserved for use by the athletes and coaches. No parents are allowed on deck or in any of the on-deck seating. Any person who, in the opinion of the Meet director, Meet Referee or Meet Marshal, is harmful to others or to the property of others will be required to leave the competiton venue.

**DISABLED SWIMMERS:** Please indicate on the entry form or by email of any special needs for those athletes requiring assistance. Also, please inform the head referee of those needs prior to the Start of the meet.

**OFFICIALS:** Head Official – Judy Linsley

North Shore Swim Club Fall Open @ Nicolet High School  
Saturday, June 5, 2010

**ORDER OF EVENTS**

Warm-ups 8:00 AM - Meet start 9:05 AM

**GIRLS EVENTS**

1	8-U	MIXED 100 Free Relay	
2	OPEN	MIXED 200 Free Relay	
3	6-U	25 Back	
5	8-U	25 Back	
7	OPEN	100 Back	
9	OPEN	200 Back	
11	6-U	25 Breast	
13	8-U	25 Breast	
15	OPEN	100 Breast	
17	OPEN	200 Breast	
19	8-U	100 I.M.	
21	OPEN	100 I.M.	
23	6-U	25 Fly	
25	8-U	50 Fly	
27	OPEN	100 Fly	
29	OPEN	200 Fly	
31	6-U	25 Free	
33	8-U	25 Free	
35	OPEN	50 Free	
37	OPEN	100 Free	
39	8-U	MIXED 100 Medley Relay	
40	OPEN	MIXED 400 Medley Relay	

**BOYS EVENTS**

4  
6  
8  
10  
12  
14  
16  
18  
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22  
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32  
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36  
38

**AFTERNOON SESSION:**

Warm-ups and meet start TBA

41	10-U	MIXED 200 Free Relay	
42	11-12	MIXED 200 Free Relay	
43	10-U	50 Back	44
45	11-12	100 Back	46
47	12-U	200 Back	48
49	10-U	50 Breast	50
51	11-12	100 Breast	52
53	12-U	200 Breast	54
55	10-U	100 I.M.	56
57	11-12	200 I.M.	58
59	10-U	50 Fly	60
61	11-12	100 Fly	62
63	10-U	50 Free	64
65	11-12	50 Free	66
67	12-U	200 Free	68

**Swimmers may enter no more than 4 individual events.**  
**TEAM ENTRIES ARE DUE FRIDAY, MAY 28, 2010**

# WAIVER and ENTRY FORM

In consideration of the acceptance of this entry, I/we hereby, for myself/ourself, my/our/theirs, administrators and assigns, waive and release any and all claims against United States Swimming, Wisconsin Swimming, Inc, the North Shore Swim Club (NSSC), Nicolet High School and their staffs for injuries incurred by me/us at the meet or while traveling to and from the meet. I/we are bona-fide eligible USA swimmers and eligible to compete in all events I/we have entered.

Club Name: \_\_\_\_\_ Club alpha code: \_\_\_\_\_

Signature of club official, parent/guardian, coach: \_\_\_\_\_

Please print the name of the entry person with phone number and "Official" address for results:

Name: \_\_\_\_\_ Phone (\_\_\_\_) \_\_\_\_\_ E-Mail \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Names of registered USA coaches representing your team at the meet:

Name: \_\_\_\_\_ Phone: (\_\_\_\_) \_\_\_\_\_

Name: \_\_\_\_\_ Phone: (\_\_\_\_) \_\_\_\_\_

Name: \_\_\_\_\_ Phone: (\_\_\_\_) \_\_\_\_\_

## ENTRY FEE RECAP:

Total # of individual events: \_\_\_\_\_ X \$4.00 = \$ \_\_\_\_\_

Less number of Swims Reserved: \_\_\_\_\_ X \$4.00 = \$ \_\_\_\_\_

Balance Due for additional Swims (or enter zero): \$ \_\_\_\_\_

## EXCESS RESERVATION MAY NOT BE APPLIED TOWARD RELAY OR SPLASH FEES

# of Relays: \_\_\_\_\_ X \$10.00 = \$ \_\_\_\_\_

Total # of swimmers: \_\_\_\_\_ X \$3.00 (Splash Fee) = \$ \_\_\_\_\_

Total Entry Fee Due: \$ \_\_\_\_\_ (check # \_\_\_\_\_)

**Make all checks payable to: NORTH SHORE SWIM CLUB**

**Send entries to:**

Karen Thien  
418 E Hampton Road  
Whitefish Bay, WI 53217  
EMAIL: KBT@cgallery.com

**Entries Due:**

Friday, May 28, 2010

**IT IS NOT NECESSARY TO OVERNIGHT/EXPRESS MAIL MEET ENTRIES**