



Shorewood Swim Club
“Swim Your Own Age” Winter Open
January 20th -21st, 2007
Sanction Number 2007-025WI

Location: Shorewood High School
VHE Pool
1701 E. Capitol Dr.
Shorewood, WI 53211

Meet Director: Hugh Morris David Westfahl
414-510-8715 414-861-7946
hmorris@milwcnty.com davewestfahl@wi.rr.com

Facility: 25 yd. pool with six 7' lanes, non-turbulent lane markers and backstroke flags, 30" starting blocks, 12' depth at starting end, custom designed gutters and bulkhead.

Rules: 2007 USA Swimming & Wisconsin Swimming short course rules will prevail for the meet.

Time Schedule: Saturday & Sunday Morning Sessions: (12, 13, 14&Over)
Warm-Ups: 7:00-8:00. Meet Begins at 8:05
Saturday & Sunday Afternoon Sessions: (7&Under, 8, 9, 10, 11)
Warm-Ups: Immediately following Morning Session. Swimmers are guaranteed at least a 45 minute warm-up.
A tentative timeline will be posted by Wednesday, January 17th.

The first half of the warm-up will be general circle swim in all lanes, with feet first entry at all times. The second half of the warm-ups will have sprinting (one directional-swimming from the starting blocks with a racing dive) in lanes 3 & 4, and more lanes opened as needed. Lanes not being used for sprinting will remain open for general warm up.

Meet Format: All events are timed final and pre-seeded, except for events 29-34, which will be positive check in and deck seeded. Events 29-32 (500 yard free *) may be combined by age and/or gender, and may be limited to five (5). Events 33 & 34 (1650 yard free **) may be combined by age and/or gender, and may be limited to three (3) heats.

Relays: Relay sheets will be provided in the coach's packet. Coaches should complete the relay sheets and turn them in to the scoring table 15 minutes prior to the start of each session. Changes may be made at the scorers table until the event is started.

Awards: Individual events: Ribbons 1st-16th.
Relay Events: Ribbons 1st-6th.
High Point Awards: 1st-16th for each gender and age group (16 place scoring)
Swimmers who deck seed any events will be ineligible for High Point awards.

Admission Fee: \$2.00 admission fee per spectator and \$2.00 per heat sheet.

Eligibility: All swimmers must be registered with USA Swimming. Swimmers age as of January 20th, 2007 will determine age group eligibility.

Swimmers w/ Disabilities: If entering a swimmer with a disability, please make a note to that effect with your entries

Entry Deadline: Entries must be received by **Friday, January 12th**, with hard copy, waiver, and fees received by Wednesday, January 17th. Confirmation e-mail will be sent when your entries are received. Please e-mail all entries to:
davewestfahl@wi.rr.com



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Entry Fees: \$3.50 per individual event, \$10.00 per relay, and \$2.00 splash fee per swimmer. Fees should be payable to "Shorewood Swim Club".

Entries: Each swimmer may swim up to four (4) individual events each day, plus relays.

Entry Times: Please submit current yard times for seeding purposes.

Out of State and Deck Seeds: Please bring USA Swimming card or documentation to meet to verify USA Swimming Membership.

Deck Entries: Deck Entries will be allowed in open lanes at the discretion of the Meet Director.

Final Results: Final results will be e-mailed to participating teams, and posted on the Wisconsin Swimming web site.

Concessions and Apparel: Assorted food and Drink items will be available at the meet. Walter's Swim Supplies will also be on hand with assorted swimming apparel.

Conduct: Clubs will be responsible for the conduct of their own swimmers. The Meet Marshalls, Meet Director, and Head Referee have the authority to disqualify a swimmer found misbehaving. Per USA Swimming Rules, only coaches, swimmers, and Shorewood Swim Club Meet workers are allowed on deck. Coaches must display USA Swimming credentials at all times.

Lost and Found: Located near pool entrance

First Aid: First Aid will be available from the lifeguard on duty.

Officials: There will be a minimum of two starter-referees and a total of at least four officials each session.



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Meet Waiver

In consideration of acceptance of this entry, I/we hereby, for myself/ourselves, my/our heirs, administrators, and assigns, waive and release any and all claims against USA Swimming, Wisconsin Swimming, Inc., the Shorewood Swim Club, and Shore High School, for injuries and/or expenses incurred by me/us at the meet, or while on the road to and from the meet. I/we are bona-fide amateur athletes and eligible to compete in all events I/we have entered.

CLUB NAME AND ABBREVIATION: _____

SIGNATURE OF CLUB OFFICIAL: _____

COACHES AT MEET: _____

CLUB PERSON TO CONTACT REGARDING ENTRIES:

NAME: _____ PHONE: _____

ADDRESS: _____

E-MAIL: _____

Recap of Entries

Individual Events:	_____	x \$3.50=	_____
(minus) Reservation Fee Paid:	_____		_____
Net Individual Amount Due:		=	a _____
Splash Fee: # of Swimmers	_____	x \$2.00=	b _____
Relay Fee: # of Relays	_____	x \$10.00=	c _____
Total Amount of Check:		a + b + c=	_____

Make Check Payable to “Shorewood Swim Club”

Entry Deadline: **Friday, January 12th**

Mail Entries to: Dave Westfahl
 6140 N. Alberta Ln
 Glendale, WI 53217
 davewestfahl@wi.rr.com



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Saturday, January 20th
Morning Session

Girl's Event #	Event	Boy's Event #
1	12 YR OLD 50 FREE	2
3	13 YR OLD 100 FREE	4
5	SENIOR 100 FREE	6
7	12-13 200 FREE RELAY	8
9	SENIOR 200 FREE RELAY	10
11	12 YEAR OLD 100 BUTTERFLY	12
13	13 YR OLD 200 BUTTERFLY	14
15	SENIOR 200 BUTTERFLY	16
17	12 YEAR OLD 50 BREAST	18
19	13 YEAR OLD 100 BREAST	20
21	SENIOR 100 BREAST	22
23	12 YR OLD 50 BACK	24
25	13 YR OLD 100 BACK	26
27	SENIOR 100 BACK	28
29	12 YR OLD 500 FREESTYLE *	30
31	13 YR OLD 500 FREESTYLE *	32
33	SENIOR 1650 FREESTYLE **	34

Sunday, January 21st
Morning Session

Girl's Event #	Event	Boy's Event #
89	12 YR OLD 100 FREE	90
91	13 YR OLD 200 FREE	92
93	SENIOR 200 FREE	94
95	12 YR OLD 100 BREAST	96
97	13 YR OLD 200 BREAST	98
99	SENIOR 200 BREAST	100
101	12 YR OLD 50 FLY	102
103	13 YR OLD 100 FLY	104
105	SENIOR 100 FLY	106
107	12 YR OLD 100 BACK	108
109	13 YR OLD 200 BACK	110
111	SENIOR 200 BACK	112
113	12 YR OLD 200 IM	114
115	13 YR OLD 200 IM	116
117	SENIOR 200 IM	118
119	12-13 200 MEDLEY RELAY	120
121	SENIOR 200 MEDLEY RELAY	122



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Saturday, January 20th
Afternoon Session

Girl's Event #	Event	Boy's Event #
35	7 & UNDER 25 BACK	36
37	8 YR OLD 25 BACK	38
39	9 YR OLD 50 BACK	40
41	10 YR OLD 50 BACK	42
43	11 YR OLD 50 BACK	44
45	9 & UNDER 100 FREE RELAY	46
47	10-11 200 FREE RELAY	48
49	7 & UNDER 100 IM	50
51	8 YR OLD 100 IM	52
53	9 YR OLD 100 IM	54
55	10 YR OLD 100 IM	56
57	11 YR OLD 200 IM	58
59	7 & UNDER 25 BREAST	60
61	8 YR OLD 25 BREAST	62
63	9 YR OLD 50 BREAST	64
65	10 YR OLD 50 BREAST	66
67	11 YR OLD 50 BREAST	68
69	7 & UNDER 50 FREE	70
71	8 YR OLD 50 FREE	72
73	9 YR OLD 100 FREE	74
75	10 YR OLD 100 FREE	76
77	11 YR OLD 100 FREE	78
79	7 & UNDER 50 FLY	80
81	8 YR OLD 50 FLY	82
83	9 YR OLD 100 FLY	84
85	10 YR OLD 100 FLY	86
87	11 YR OLD 100 FLY	88

Sunday, January 21st
Afternoon Session

Girl's Event #	Event	Boy's Event #
123	7 & UNDER 100 FREE	124
125	8 YR OLD 100 FREE	126
127	9 YR OLD 200 FREE	128
129	10 YR OLD 200 FREE	130
131	11 YR OLD 200 FREE	132
133	7 & UNDER 50 BREAST	134
135	8 YR OLD 50 BREAST	136
137	9 YR OLD 100 BREAST	138
139	10 YR OLD 100 BREAST	140
141	11 YR OLD 100 BREAST	142
143	7 & UNDER 50 BACK	144
145	8 YR OLD 50 BACK	146
147	9 YR OLD 100 BACK	148
149	10 YR OLD 100 BACK	150
151	11 YR OLD 100 BACK	152
153	7 & UNDER 25 FLY	154
155	8 YR OLD 25 FLY	156
157	9 YR OLD 50 FLY	158
159	10 YR OLD 50 FLY	160
161	11 YR OLD 50 FLY	162
163	7 & UNDER 25 FREE	164
165	8 YR OLD 25 FREE	166
167	9 YR OLD 50 FREE	168
169	10 YR OLD 50 FREE	170
171	11 YR OLD 50 FREE	172
173	9 & UNDER 100 MEDLET RELAY	174
175	10-11 100 MEDLEY RELAY	176