

GREEN BAY SWIM CLUB
FRIDAY & SATURDAY, JANUARY 19th and 20th, 2007

SPONSORED BY: GREEN BAY SWIM CLUB (GBSC)

APPROVAL#: **2007-011WI**
Swimmers must be USA or YMCA Registered.
USA Rules and Regulations Prevail.
Non-Wisconsin swimming clubs must bring current athlete and coach USA Swimming registration cards.

DATE: Friday & Saturday, January 19th and 20th, 2007

PLACE: Edison Middle School
442 Alpine Drive
Green Bay, WI 54303

MEET DIRECTORS: Tom and Cheryl Kraus – (920) 496-8768

ENTRY FEES: \$2.00 Per Swimmer “Splash Fee”
\$3.50 Per Individual Event
\$10.00 Per Relay

ENTRY LIMITS: Swimmers are limited to 2 individual events Friday, and 4 individual events Saturday,. The number of heats of the 500 free on Friday night may be limited if time becomes a factor.
Meet entries are limited to 1200 entries per day.
Swimmer’s age the day of the meet will determine age group.
Deck entries will be accepted in open lanes only, and must be made no later than 30 minutes prior to the start of the respective session.
There will be no deck registrations.

HY-TEK FILE: A Hy-tek events file can be e-mailed to you by requesting from Dan Teske (Dteske@new.rr.com).

MAIL ENTRIES: Dan Teske
1445 Avondale Dr
Green Bay, WI 54313
E-mail to: DTeske@new.rr.com
SEND ENTRIES ON HY-TEK WITH A HARD COPY BACK-UP IF AVAILABLE.

DEADLINE: Entry forms, waiver, and check must be received by Dan no later than **Wednesday, January 10, 2007.**
Checks should be made payable to the Green Bay Swim Club.

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SCHEDULE:

FRIDAY

5:30-6:30 PM

Warm-Ups

6:00 PM

Timers Meeting & Coaches Meeting

6:35 PM

Meet Begins

SATURDAY

7:00-8:00 AM

Warm-Ups

7:30 AM

Timers Meeting & Coaches Meeting

8:05 AM

Morning Session Begins

Afternoon Warm-Ups will not begin before 11:30 AM and will last for 1 hour.
Afternoon Session Begins 12:30 PM (approximate)

WARM-UPS:

First 20 minutes circle swim in all lanes

Next 20 minutes sprints in lanes 3, 4, and 5 circle swim in Lanes 1, 2, and 6;

Last 20 minutes sprints in lanes 2, 3, 4, and 5 circle swim in Lanes 1 and 6.

ADMISSION:

\$2.00 Adults (Under 12 – No Charge)

\$3.00 Heat Sheets

FACILITY:

Six (6) Lane, 25 yard, Back Stroke Flags, Non-Turbulence lance dividers

Starting depth – 6 feet with 34” blocks

Turn side depth – 3’ 6”

Colorado Timing System with Back-Up Stop watches – two per lane.

MEET FORMAT:

Meet will be pre-seeded 8 & U report to the Clerk of Course in the school hallway. All other swimmers report to the blocks prior to the event.

OFFICIALS:

TBD

AWARDS:

Individual Events: Medals 1st – 3rd, Ribbons 4th – 12th

Relays: Ribbons 1st – 5th

Heat Winner awards will be given for individual events.

Awards must be picked up the day of the meet; no awards will be mailed.

FINAL RESULTS:

Each team in the meet will receive a copy of the final results.

ADAPTIVE SWIMMERS:

Complete and submit with the appropriate WI adaptive swimmer form.

FOOD:

A variety of delicious food and ice-cold refreshments are available for purchase in the concession booth outside the pool area. All food and drinks must be consumed in the table area.

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LOST & FOUND: Swimmers are responsible for their own belongings. Lost & Found articles will be located at the awards table during the meet. After the meet call (920) 496-8768.

FIRST AID KIT: Available during the meet in the pool office.

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Order of Events

Friday, January 19, 2007

Warm-ups 5:30-6:30 PM, Meet starts at 6:30 PM

<u>GIRLS</u>	<u>EVENT</u>	<u>BOYS</u>
1	Open 400 Free Relay	2
3	12 and U 400 Free Relay	4
5	Open 200 Fly	6
7	12 & U 100 Fly	8
9	Open 200 Breast	10
11	12 & U 100 Breast	12
13	Open 400 Medley Relay	14
15	12 & U 400 Medley Relay	16
17	Open 400 IM	18
19	12 & U 200 IM	20
	10 min. in water break	
21	Open 1000 Free	22

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Saturday, January 20, 2007 - Morning Session

Warm-ups will start at 7:00 AM until 8:00 AM, Meet will start at 8:05 AM

<u>GIRLS</u>	<u>EVENT</u>	<u>BOYS</u>
23	8 & U 100 Medley Relay	24
25	13 & 14 200 Medley Relay	26
27	Open 200 Medley Relay	28
29	8 & U 25 Free	30
31	13 & 14 50 Free	32
33	Open 50 Free	34
35	8 & U 100 IM	36
37	13 & 14 200 IM	38
39	Open 200 IM	40
41	8 & U 25 Fly	42
43	13 & 14 100 Fly	44
45	Open 100 Fly	46
47	8 & U 25 Back	48
49	13 & 14 100 Back	50
51	Open 100 Back	52
53	8 & U 25 Breast	54
55	13 & 14 100 Breast	56
57	Open 100 Breast	58
59	8 & U 50 Free	60
61	Open 200 Free	62
63	8 & U 100 Free Relay	64
65	Open 200 Free Relay	66

Saturday, January 20, 2007 - Afternoon Session

Warm-ups will not start before 11:30 AM, and will last 1 hour.

<u>GIRLS</u>	<u>EVENT</u>	<u>BOYS</u>
67	9 & 10 200 Medley Relay	68
69	11 & 12 200 Medley Relay	70
71	9 & 10 50 Free	72
73	11 & 12 50 Free	74
75	9 & 10 100 IM	76
77	11 & 12 100 IM	78
79	9 & 10 50 Fly	80
81	11 & 12 50 Fly	82
83	9 & 10 50 Back	84
85	11 & 12 50 Back	86
87	9 & 10 50 Breast	88
89	11 & 12 50 Breast	90
91	9 & 10 100 Free	92
93	11 & 12 100 Free	94
95	9 & 10 200 Free Relay	96
97	11 & 12 200 Free Relay	98

